

Human Body ~ Divine Body

Making Energy Work Real



Do you know how your energy field works? You are far more than you appear to be! Human Body–Divine Body is a visceral and sacred exploration of who we really are and how we can inhabit our lives more joyfully knowing our true nature.

This workshop will look at the relationship between your physical and your spiritual being and how your thoughts, beliefs, and expectations are reflected in your body and in what you tend to create in your life. You will:

- **Explore** your human energy field and discover how it is the energetic map of your body.
- **Learn** how you got here and delve into the body's instruction manual you never read.
- **Experience** how the body is divinely engineered for a spiritual journey home. Together we will explain and explore the fascinating concepts behind energy work, Life, and the healing process itself!

SUNDAY, NOVEMBER 14, 2010 · 10 AM—5 PM · \$125

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healing practice in New York City.

Kristina Kincaid: Holds an M.A. in Energy Medicine from Holos University where she is a Th.D. candidate for 2010. She is a graduate of the Institute of Core Energetics, the Barbara Brennan School of Healing and Zengar Institute. She is currently a faculty member of The New York City Living Core Program. Her journey has taken her into deep explorations through the feminine and healing around sexuality. Her desire is to help others claim their true power and live their gifts. Kristina has a



practice in Soho.

Sarah Lidsey: Has over a decade of experience as a healer and a lifelong interest in all things metaphysical. Born in England she has traveled extensively to sacred sites around the world as part of her path of evolution. Sarah is a graduate of the Barbara Brennan School of Healing. She is also qualified as a practitioner of Neurofeedback, Sound Healing, Brennan Healing Science, VortexHealing® Divine Energy Healing, and Quantum Healing. She lives and works in Manhattan, New York, and has a private