

CREATING SACRED OBJECTS TO EMPOWER YOUR LIFE

In this workshop you'll be given tools to enrich your life and catalyze your healing journey. You will tap into the power of natural energies, gemstones, sound seeds and symbolism. You will learn about your energy field and what it can tell you about your life and how to work with it to your advantage. Armed with this knowledge you will create a ceremonial object such as a piece of jewelry, a talisman, or totem that is yours to take with you.

You will come away with a clear understanding of:

- * Healing Energies; your chakras and how to enhance health.
- * The Power of Objects; ingredients of symbolism and meaning.
- * Manifesting Intentions; beliefs and the power of thought.

Join Us!

This will be a full day of information and creation geared specifically to help you empower yourself in new ways.

Sunday March 6th from 10AM to 5PM

150 West 28th Street 11th Floor

Fee: \$125.00

To sign up please email: Sarah at Slidsey@aol.com or Cynthia at Cynthia@bjewelry.net

Supplies included with additional items for purchase.

You are welcome to bring your own materials that have meaning to you.



Sarah Lidsey: Has over a decade of experience as a healer and a lifelong interest in all things metaphysical. Born in England she has traveled extensively to sacred sites around the world as part of her path of evolution. Sarah is a graduate of the Barbara Brennan School of Healing. She is also qualified as a practitioner of Neurofeedback, Sound Healing, Brennan Healing Science, VortexHealing® Divine Energy Healing, and Quantum Healing. She has a multi-modal healing practice in New York.



Cynthia Kagoshima: Has been a jewelry artist for over 30 years. Winning awards internationally she has evolved her concepts of jewelry from simple adornments to self empowering objects. She is a certified Feng Shui Consultant and is to finish her training as a Core Energetics Practitioner in the spring. Using her knowledge of energy and how it manifests through our lives, in our homes and in our selves, Cynthia offers a unique and wholesome approach toward healing.